MIU RECREATION CENTER
RULES AND POLICIES

The following rules and policies have been established to provide a safe, orderly, and enjoyable environment for all users of the MIU Recreation Center.

Any person violating the following “Rules and Policies” will have their membership suspended for two weeks for the first offense. If the offense is repeated, the membership will be canceled.

ENTERING THE CENTER

- Membership number – Everyone must have a valid membership number for entry to the MIU Recreation Center. This number must be presented for admittance.

- Fees – All fees must be paid at the front desk before entering the MIU Recreation Center activity areas. Enrollment fees are non refundable unless cancellation occurs during the first month after joining, minus the cost of prior visits. The MIU Recreation Center reserves the right to adjust membership dues and discounts at any time.

- Entry and exit – Must always be through the north/main entrance door. Anyone entering or exiting or helping others to enter or exit the Center through an emergency exit will have their membership suspended for two weeks. A second offense will result in membership cancellation.

- Persons under the age of 16 – Must be accompanied by an adult supervisor over the age of 18 and must be supervised closely at all times while in the facility. Maharishi School students attending a physical education class may not enter the activity areas unless a Maharishi School teacher or coach is in the activity area.

- Shoes – Everyone must wear clean indoor court shoes. Please bring a clean pair of court shoes. Change your shoes in the coat/shoe area before going to the courts or locker rooms. You may not enter the activity areas wearing outdoor shoes.
INSIDE THE MIU RECREATION CENTER

• Please follow the directions of all signs regarding activities.

• Please walk quietly behind the green curtains next to the tennis courts to access the basketball courts and other areas of the building.

• Smoking is not permitted in or around the building.

• Food and soft drinks are allowed only in the lobby area. Plastic water bottles (no glass) may be taken to the activity areas.

• Skateboards are not permitted in the facility.

• Not permitted in the building – fencing (except as part of the fencing club), baseball, kick football, martial arts (except as part of the martial arts club), boxing (except using the punching bag), basketball dunking, hanging on a basketball rim.

• Also not permitted – profanity, spitting, and other forms of unacceptable behavior.

TENNIS

• Reservations – You can make tennis court reservations up to one week in advance and reserve up to two hours of court time per day.

• No-show fee – If you make a reservation and cannot use it, please cancel the reservation as soon as possible so others can use the court. If you cancel your reservation less than 24 hours before your reserved court time, and if that court is not rebooked by another person, you’ll be charged a $5 no-show fee.

EQUIPMENT USE AND CHECK-OUT

• Collateral – To check out tennis, badminton, table tennis, and other equipment for use in the MIU Recreation Center, collateral is required at the front desk (a driver’s license or other ID.)

• Outdoor equipment – Cross-country skis, ice skates, roller blades, bicycles, camping equipment, canoes, kayaks, and other equipment is available to rent on a daily or overnight basis. You need to complete an agreement form and pay a deposit at the time you rent.

• Certification required – To use the tennis ball machine, rock climbing wall, inversion table, gymnastics area, and kayaks. For certification information contact Ken Daley, the department head, at 641-472-1163 or member services at 641-472-1112.
OTHER POINTS

• Injuries – All injuries must be reported to the front desk supervisor. Ice is available at the front desk for injuries. An accident/injury report form must be completed for serious injuries.

• Instructional fees – An instructional fee is paid to MIU for tennis lessons, personal strength training, and other sport-related lessons/courses taught on campus. Only instructors approved by the Department of Exercise and Sport Science may teach on the MIU campus.

LOST ITEMS

• Maharishi International University is not responsible for personal items left in the building.

• Clothing will be kept at the front desk for one week and then will be donated to a charity. Other valuable items will be given to MIU Security the day they are found.

HOURS

• MIU Recreation Center hours are subject to change without notice due to weather conditions or other unforeseen circumstances.